



ITALIAN GREENS & CHICKEN

Tender chicken and savory greens combined with horseradish aioli, served as a panini, quesadilla, or omelet. 10.99

HEARTY WINTER SALAD or WRAP

Mixed greens, crispy bacon, tart apples, dried cherries, pumpkin seeds, pecans, roasted sweet potatoes, roasted beets, and crumbled feta, tossed in a balsamic vinaigrette. 12.99

VEGAN CASHEW "CHIK'N" SALAD WRAP

This delicious wrap is plant powered and full of flavor 14.99

FUNCTIONAL MUSHROOM PUMPKIN LATTE

A cozy, seasonal drink that combines traditional pumpkin spice flavors with the health benefits of adaptogenic mushrooms blended from Arabica coffee beans 6.99

GOLDEN MILK

Our turmeric latte blend is designed to support gut health, a strong immune system, and glowing skin. Enjoy this warm and cozy drink iced or hot with your choice of whole, almond, or coconut milk. 6.99

MAPLE-GLAZED BRUSSELS SPROUTS & SWEET POTATO

Roasted sprouts, sweet potatoes, bacon, dried cherries, pecans and feta glazed with seasoned maple syrup, offering a warm, sweet, and savory bite. GREAT AS A SALAD ADD ON! 3.99

NOVEMBER'S SOUPS

French Onion 4.99
Butternut Squash 4.99

DECEMBER'S SOUPS

Southwest Potato 4.99
Butternut Squash 4.99

TASTE AND SEE THAT THE FOOD IS GOOD

